



Friday 17 July – Aveley & Belhus

Welcome to Thurrock 100! Below you'll find a schedule of the walk, with various different pick up/drop off places marked. At all starting points, there will be a Thurrock 100 flag – if you're joining the walks, look out for the flag! **You don't need to walk the full 10 miles if you don't want to – you are welcome to walk any distance you like.**

People will need to arrange their own transport to and from the pick up/drop off points. Car-sharing between walkers is encouraged! Any difficulties travelling between points should be notified to the Thurrock 100 team who may be able to assist.

Note that the timings and venues are subject to change – please check the Thurrock 100 website before setting off for the latest itineraries. And please check out our tips for enjoying the event at thurrock100.com/top-tips.

Miles	Time	Place	Event/Activity	
	11.30	Belhus Park Leisure Centre	Assemble at Belhus Park Leisure Centre	PICK UP/ DROP OFF
	12.00	Belhus Park Leisure Centre	Set off on walk!	
1	12.30	Aveley School	Arrive at Aveley School for flag event taking place on the school grounds	
	13.00	Aveley School	Leave Aveley School	
2	13.30	Mardyke Woods, South Ockendon	See the recent Forestry Commission improvements funded by the HLF	
4	14.30	Aveley Community Forum	Walk across Aveley	PICK UP/ DROP OFF
5	15.00	Kennington Park, Aveley	Walk through a woodland and lake that was created from a quarry/landfill site in the 1990s	
6	15.30	Belhus Woods Country Park	Walk through the historic Capability Brown wooded landscapes and see remnants of Belhus Park and House	
7	16.00	Belhus Woods Visitor Centre	Refreshment stop at Belhus Woods Visitor Centre	PICK UP/ DROP OFF
9	18.00	Oak Wood and Ash Plantation, South Ockendon	Cross the M25 footbridge to see Long Pond and other elements that formed historic Belhus	
10	18.45	Belhus Park Leisure Centre	Return to Belhus Park Leisure Centre	PICK UP/ DROP OFF