

# T100 Calling 2020

## May Mandalas



## Part 4

**Section 4:  
DO**

**What  
next?**



Hopefully we'll be able to come together in July, to scale up the designs for the T100 Calling festival mandalas.

**Part 1: Plan for July**



What can you do now?

Write a list of materials you need for one of the festival mandalas; what you can collect locally, how and when this can happen? If you can't collect materials how can you help? What actions do you need to achieve this? Who can you ask to help you?

Reflections on the collection process – what did you discover? How did it make you feel? What could be different in the future?



You could get involved with local groups who have already begun the collection process for the Spring Clean Mandala in Grays.

<https://www.keepbritaintidy.org/get-involved/support-our-campaigns/great-british-spring-clean>



## Part 2: Design Days

Details will be shared with volunteers who want to support the set up of each event. Therese will visit each site and hold a design session at the Kinetika Design Studio. These days will be an opportunity for you to work with Therese to plan the mandala and think about what else can happen on the day. It would be useful to start thinking about:



What would you like to achieve on the July planning days?

Any questions for Therese?

What can you do in preparation for this day? Is there anyone you need to contact?

After the design sessions make time to reflect . What did you learn about yourself, others and mandalas? What actions need to be carried out as a result?



## Part 3: T100 Calling 12 - 27th September

Attend with friends and family. Details will be shared online via our website and you can book onto any of the free walking, talking and making activities via Eventbrite.

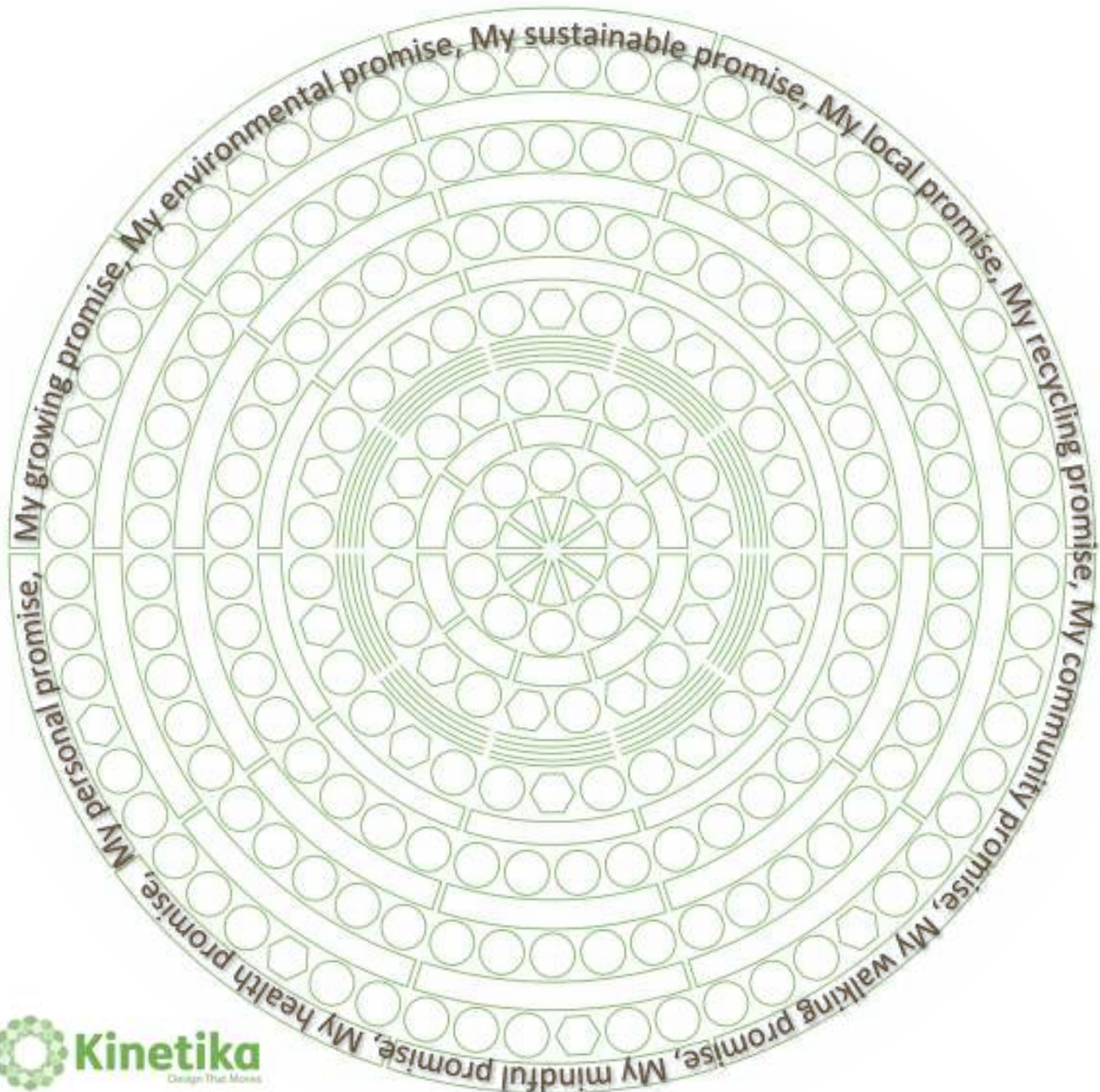
## Activity 1: Mandala Moments

Download and print this page.

Find a box in your house. Re-use and repurpose it , for example a pizza box. You can decorate your box any way you like using the mandala themes as inspiration.

Use this page throughout the festival to record your promises based on the experiences you have.

Keep these promises safe in your box along with any collected items that you find throughout the festival that inspire you and remind you why the promises are important.



**Keep Calling for action, Keep Creative and Keep Connected.**